

Penalties: Offense

- **Unsportsmanlike Conduct:** 15 yards dead ball spot.
- **Illegal Helmet Contact & Horse Collar & Blind Side Block & Tripping:** 15 yard, spot foul or previous spot if behind the LOS & replay down.
- **Blocking Below Waist & Chop Block & Clipping:** 15 yard, spot foul or previous spot if behind the LOS & replay the down.
- **Offensive Pass Interference:** 15-yards live ball foul, previous spot & replay the down.
- **Face Mask:** 15 yard, spot foul or previous spot if behind the LOS & replay the down.
- **Holding & Illegal Block In The Back:** 10 yard, spot foul or previous spot if behind the LOS & replay the down.
- **False Start:** 5-yards dead ball foul.
- **Illegal Touching:** 5-yards previous spot & **Loss of Down.**
- **Illegal Forward Pass & Illegally Handing & Intentional Grounding:** 5-yard, spot foul and **Loss of Down.**
- **Illegal Shift & Motion & Formation:** 5-yard, live ball foul previous spot replay the down.
- **Illegal Substitution:** 5 Yards Can be either a dead-ball or a live-ball foul, depending on when it occurs.
- **Ineligible Player Downfield:** 5-yards previous spot



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- **Unsportsmanlike Conduct:** 15 yards dead ball spot.
- **Face Mask & Illegal Helmet Contact & Horse Collar & Blind Side Block & Tripping:** 15 yard, spot foul, tack-on.
- **Pass Interference:** 15-yards previous spot and replay the down, or accept the result of the play.
- **Roughing the Kicker & Holder & Snapper:** 15-yards and a **Automatic 1st Down.**
- **Roughing the Passer:** 15-yards previous spot and a **Automatic 1st Down.**
- **Illegal Participation:** 15- yard previous spot or a spot foul.
- **Blocking Below the Waist:** 15 Yard previous spot.
- **Kick Catching Interference:** Spot foul & 15 yards or previous spot and replay the down or take the result of the play.
- **Holding & Illegal Block In Back:** 10-yard, spot foul.
- **Incidental Face Mask:** 5-yard, tack-on.
- **Encroachment & Delay of Game & Substitution Infraction:** 5-Yard dead ball foul, previous spot and replay the down.